
Medical Herbalist

Contractor · Christchurch, New Zealand · Posted 24 October 2026

About the role

We're looking for a medical herbalist to help grow our herbal medicine service in Hillmorton, Christchurch.

You'll prepare personalised herbal prescriptions for patients with pain and inflammation, stress and sleep concerns, digestive health and hormonal balance, working closely with our osteopaths and acupuncturists.

Key responsibilities

- Carry out thorough consultations and prepare individualised herbal prescriptions
- Support patients with pain and inflammation, stress and sleep, digestive health and hormonal balance
- Screen for herb–drug interactions and contraindications, and refer patients on when appropriate
- Work alongside our osteopaths and acupuncturists on integrated treatment plans
- Keep accurate clinical and dispensing records in Cliniko

What you'll need

- A recognised qualification in herbal medicine
- Sound knowledge of herb–drug interactions and safe prescribing
- The right to work in New Zealand, or eligibility for a suitable visa
- Strong communication skills and a patient–centred approach

Nice to have

- Clinical or dispensing experience
- Experience working in a multidisciplinary clinic

Hours

Flexible days and hours, to be agreed. The clinic is open Monday to Friday 9am–7pm and Saturday 9am–5pm.

What we offer

- A supportive, collaborative team of osteopaths, acupuncturists and allied practitioners

- Competitive contractor terms, tailored to your experience and discussed at interview
- Online patient booking through our Cliniko practice management system

About Meridian Osteopathy

Meridian Osteopathy is a Christchurch clinic in Hillmorton offering osteopathy, acupuncture and herbal medicine. Our hands-on care blends Western osteopathy with traditional Chinese medicine, and our practitioners work closely together so patients get joined-up treatment under one roof.

How to apply

Apply online at meridianosteopathy.co.nz/careers/medical-herbalist/ and attach your CV and a cover letter.

Questions? Email info@meridianosteopathy.co.nz or call 02108655151.